

STUDY QUESTIONS FOR Psalm 46
For the Sermon of June 29, 2008

- 1. This psalm seems to presuppose that our lives have somehow been trouble (vs. 1). There are images about the earth giving way and the mountains falling into the seas – big troubles. What season of your life has had the largest set of troubles and why were they hard for you?**

- 2. Go back to vs. 1 – “God is our refuge and strength, an ever-present help in trouble.” In the midst of your own troubles, what help did God seem to provide, if any?**

- 3. In vs. 2 there is a “therefore”. Whenever you see a, “therefore,” try to see what it is “there for”. When fearful circumstances occur, what are your options for response (doubt, fear, worry, praise, trust, whining, etc.)? If God really is a refuge and strength, then what are our best responses?**

- 4. What do you think is the city and the river to which the psalmist is referring in vs. 4 – given that there is no river in Jerusalem? Look at Revelation 22 for a clue.**

- 5. It appears that vs. 7 is a summary statement for it reappears in vs. 11. What does it mean?**

- 6. What is the real advice of vs. 10? How can we be “still” when our lives are in trouble? Language of exaltation suggests praise – how do we praise God in trouble?**

- 7. What will you take home from Psalm 46?**